## Report on pre- marital and Post- marital counselling

The Kerala Women's Commission, in collaboration with Mahatma Gandhi College, Iritty, organized a program on Pre-Marital and Post-Marital Counselling on 10th September 2025. The event aimed to create awareness and provide guidance on relationship dynamics and mental well-being before and after marriage. The program was inaugurated by Adv. Kunchayisha, Member of the Kerala Women's Commission. The presidential address was delivered by Prof. Dr. Swarupa R., Principal of Mahatma Gandhi College. Greeshma A., Convener of the Student Welfare Cell, welcomed the gathering. The technical session was led by Rajesh R. V., Assistant Professor and Psychologist at Pazhassi Raja College, Pulpally, who provided valuable insights into psychological and emotional aspects of marital life. Facilitation was offered by: Pramod Kumar K. V., Syndicate Member, Kannur University Sandya C. V., Secretary, College Council Prof. Dr. Aneesh Kumar K., Coordinator, IQAC Mini John M. J., Junior Superintendent. The vote of thanks was proposed by Hima K., Convener of the Women Cell, who expressed gratitude to all dignitaries, participants, and organizers for their contributions to the success of the event.











